



Since re-opening in October, we have been working hard at Danielle's Place to develop new programs and support services, delivered by qualified community volunteers to support you on your journey to improved holistic health.

Some of the programs have been very successful and some have been poorly attended.

The centre will not be offering evening programs over the summer months **but will continue to offer one on one support by appointment and drop in resources five days per week between 9:00 am and 4:00 pm.**

Over the summer we will be determining where to best use our volunteer resources beginning in September and **we need your help!**

**Please complete the survey below and return to Danielle's Place
by e-mail at support@daniellesplace.org
or by mail to 895 Brant Street, unit #3, Burlington, ON, L7R 2J6**

What programs and services would you or your loved one be most likely to participate in if offered in September?

- ☐ Family & Friends (Monthly drop in)
- ☐ Adult Information (Monthly drop in)
- ☐ Breaking the Binge Cycle (for bingeing and food addiction) weekly
- ☐ Self Esteem Coaching
- ☐ Nutrition
- ☐ Men Only
- ☐ Art Therapy for Adults
- ☐ Art Therapy for Youth
- ☐ Youth Group (10 week closed)
- ☐ What Do I Do Now (for individuals recently released from treatment)
- ☐ Anxiety Reduction sessions (By appointment, Reiki, Reflexology, etc.)
- ☐ Yoga
- ☐ Guided Meditation
- ☐ Education Seminars (monthly)
- ☐ Peer Mentor Program

Would daytime or evening programs work best for you? _____

Please share any additional ideas you may have _____

Thank you for taking the time to share your important feedback!